

Children of God!

When Jesus was thirty he knew it was time to begin travelling around, telling people about God. But Jesus needed time to prepare for this task. So he travels to the Jordan River where his cousin John is telling people about God and baptising those who want to follow him.

Jesus too, is baptised in the river and as he comes out of the water, God's voice is heard, saying 'You are my Son and I love you. I am very pleased with you'.

Then Jesus is led into the wilderness for 40 days. There he spends time praying to his father and thinking about how he is going to tell people about God.

When he is hungry, he is tempted to turn stones into bread. But Jesus knows he must just concentrate on being with God.

He thinks of doing something spectacular to get noticed, but again he knows that would be wrong. Jesus knows he must go and shares God's love with people, he must help those in need and serve others.

Jesus knows he is a child of God. He knows God is with him and he will follow His way

Tuesday 16 February is pancake day. You can find Pam's recipe for pancakes on the next page. The following day is called Ash Wednesday and is the beginning of Lent. Lent is the time when we remember Jesus spending this time in the desert.

Jesus knew he was God's Son and he should follow God's way.

We too, are invited to be children of God. When we ask God to be with us, he helps us to choose to do the right things and to follow His way.

Listen to the full story, with Andrew and friends, on the Hemel Hempstead Methodist Church Facebook page, from 4pm on Sunday 14th February

Crafts you can try at home:

Named, decorated stones

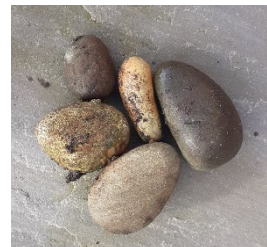
You will need a large stone and felt pens or paints.

I have collected these stones from my garden.

You could also look for stones at the park. Do remember to wash your hands after collecting stones.

Now you need to wash the stones and leave them to dry.

Once they are dry, write your name on the stone and then decorate with pens or paints.



The stone will remind us that we are special and we too, can be children of God.

We will be making named stones during our Facebook session on Sunday 14th February. So bring your stones and pens and make them with us.

Pancakes

You will need:

125g plain flour
1 egg and 1 egg yoke
300ml milk
Oil for frying



A mixing bowl and a small bowl
A hand or electric whisk
Frying pan

To make the pancakes:

Mix together the egg and the egg yoke in a small bowl.

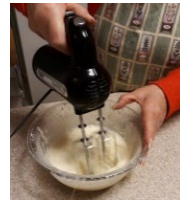
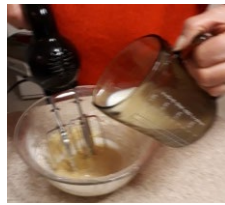
Put the flour into the mixing bowl and make a dent in the middle of it for the eggs

Add the egg mixture and a little milk to the bowl.

Mix with the whisk and add the rest of the milk.

Whisk the mixture until it is a smooth batter. You might like to ask a grown-up to help with this bit.

I have used an electric whisk but you could use a hand whisk.



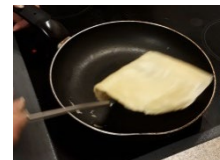
You will need to ask a grown-up to do the next part. When the batter is smooth, turn on a ring on the stove to a medium heat.

Put some oil into the frying pan and heat it up.

When the frying pan is hot, the grown-up can pour a little of the mixture in. Tip the frying pan gently until the bottom of the pan is covered.



The grown-up can turn the pancake over so that the bottom of the pancake is cooked as well. Some people like to toss a pancake and catch it in the frying pan. I like to just turn my ones over.



When it is cooked, the grown-up can turn it onto a plate and you could decorate it with fruit.



If you prefer, you could put jam on the pancake, roll it up and sprinkle with lemon juice and sugar.

You can put fruit inside or anything else you like inside the pancake.



The Happy Sad Face

Sometimes we feel happy and other times we feel sad. You can make a happy sad face to show that you are happy sometimes and sad at other times.

You will need:

A piece of card

One of the face outlines and the cape outline from the next page

Felt tipped pens, colouring pencils or crayons

Glue

Scissors

Strips of coloured paper (optional)

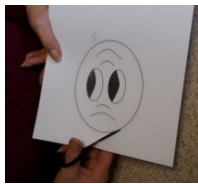
Split pin or a drinking straw



How to make the happy sad face:

Cut out one of the face outlines and the cape.

Stick on to the card.

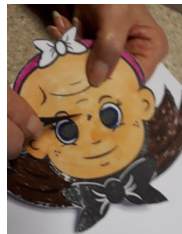


Colour in the face. You could add some fabric or coloured paper to the bow.
Colour in the cape or decorate with strips of paper.

When both the cape and the face are decorated make a hole in the centre of the face between the eyes. Make a hole at the top of the cape.

Lay the face on top of the cape so that the holes are in line with each other.

Join with the split pin or if you are using a piece of drinking straw, push it through cape and the head. Then cut the ends and fold.

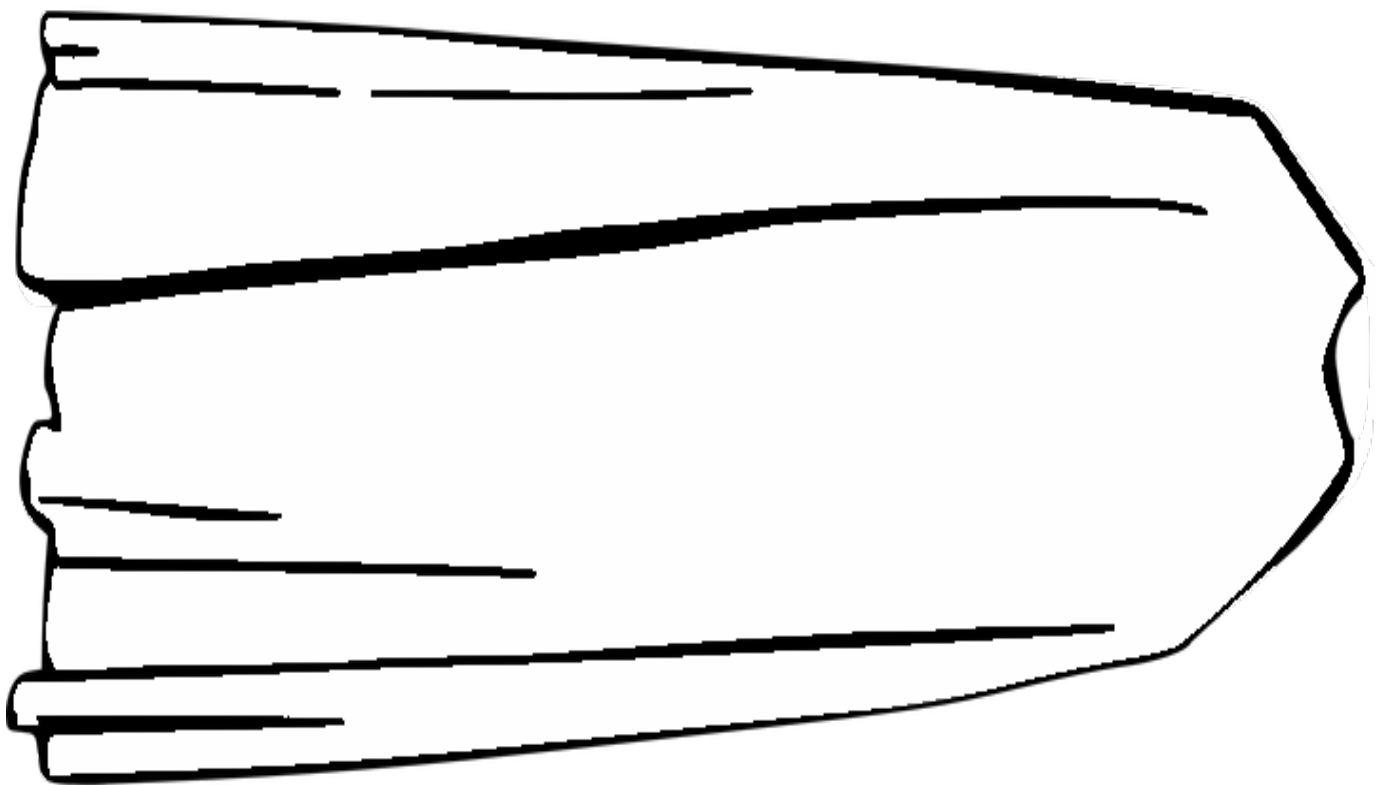
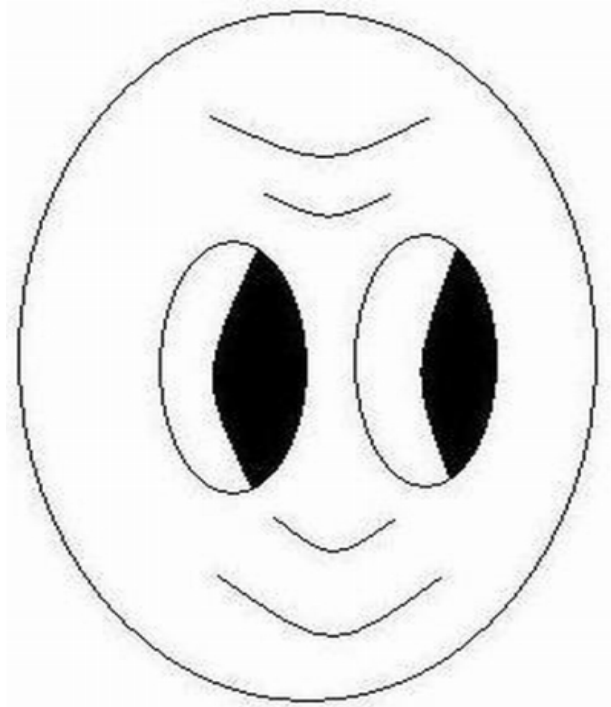
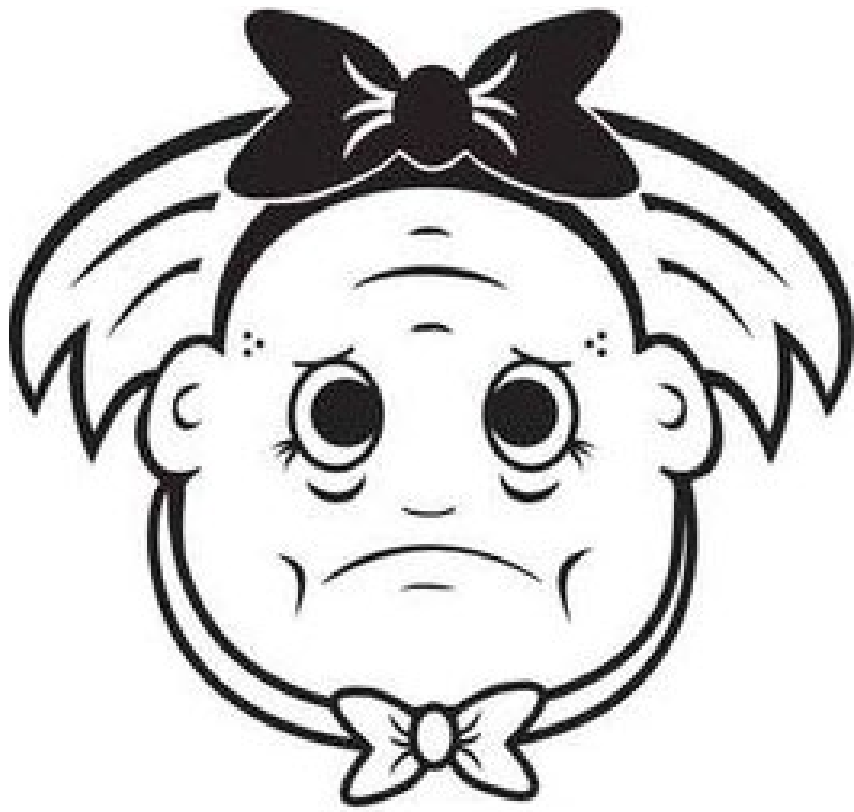


You now have your happy sad face.

See what happens when you turn the face upside down.

And remember, however you are feeling,
Jesus will walk with us and be at our side.





Jesus in the wilderness

Can you find the words below in the wordsearch?

Q W B L N S J G H N D I Z O B A F Q B A
F H T S T A W E G P L K G T Z R B H Z C
E Y O H J T J X R G K J T J N S E X H L
U N H K G K P A W H B J M M S S R A E A
H G G I V D Y O Z O U S F H A E I A D W
H H U T D I B T B S E N O T S N X E Z W
D F X F N C A E S A N I G X W R O N G H
O M L G F A F M X B P L Q R T E U Q L K
Y R U L I F M P G V J T E Q Y D Q K P Q
B Y O F F A T T V F E P I I E L C G W M
N B L D G S A E Z N E E N S Y I B C Q L
Y C X J E H U D Y J I A P Q E W T G P T
Z E Y R J F L X J Z Z L G A P D N Q H G
I C V S D P G G T Q E N P S B G E I C U
H E D Z U T S K A A U R B H Y P N F A V
F Z Y J I S L L S Q G M T H G K B T C C
N R N A W O E E Z K D V Z I I N H V V T
T L J G H K D J I Z P A C N E Y D Q B G
J A M Q M T I U S R X Y G V D P F O Y M
O P L X Z B C E G H P Q V I B W A U W H

BAPTISED

JESUS

SERVE

THINKING

BREAD

PLEASED

STONES

WILDERNESS

HUNGRY

PRAYING

TEMPTED

WRONG

How many different colours can you use for the rocks in this picture?

