

It only took one stone!

David, the youngest of eight brothers, spent time out on the hillside caring for his father's sheep. When a bear or a lion came at night to attack the sheep, David put stones in his sling to attack these animals and keep his sheep safe. David knew God was with him and would help him.

The Philistines had come to attack David's people, the Israelites, and his three oldest brothers were in the army. David was sent to his brothers with food, and there he saw a giant of a man, a Philistine called Goliath, mocking the Israelite army and calling for someone to come and fight him. The Israelites were scared but David knew God was stronger than Goliath and he stepped forward to fight him. He refused armour but took his sling and five stones. As he came close to Goliath, he put a stone in his sling and threw it at him. It hit Goliath on his forehead and he fell and died. The Philistine army were now frightened and ran away.

David trusted God to help him, he had faith and God used David to help save the Israelites from the Philistine army.

You can hear more of this story and join in making some of the crafts, on the Hemel Hempstead Methodist Church Facebook page, from 10.15 am on Sunday 13th September. This Messy Church session will then be available again at 4pm.

Crafts you can try at home:

Elephant and mouse figures

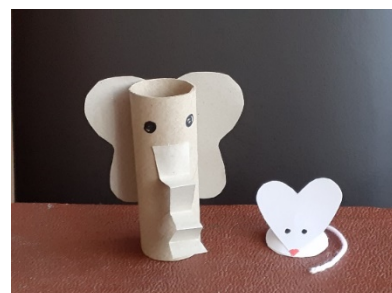
To make the elephant and mouse you will need: the template on the next page, a 10cm section from a kitchen roll or a rolled-up piece of paper, glue, felt tipped pens, wool or string.



We will make these figures during the Facebook service so just have your cut out pieces ready.

But if you are unable to be on Facebook, this is how you make the mouse: take the circle and make a cut to the centre. Glue and wrap one side over the other, to make a cone. Draw eyes and nose on the head shape and then glue to the cone. Attach a piece of wool or string for the tail.

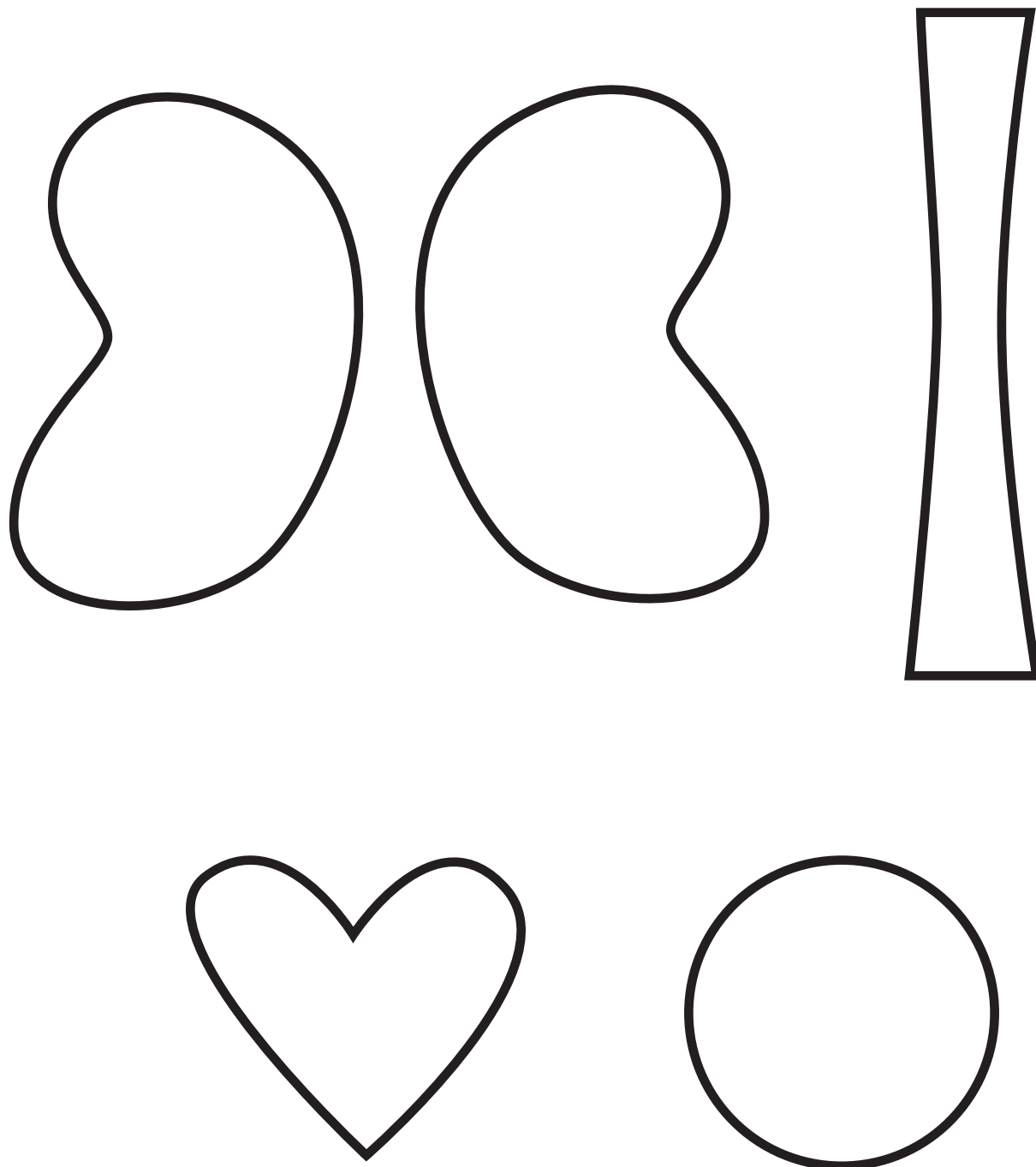
To make the elephant: colour the pieces grey if you want to. Glue the ears to the back of the tube. Fold the trunk accordion-style and glue to the front. Draw eyes.



And here is the question: Are elephants scared of mice, even though they are so much bigger?

September: It only took one stone

4. Elephant and mouse



Courage jar

David showed courage when he faced Goliath. We are going to use these jars to remind ourselves of the times we are courageous. Perhaps you have asked for help, or stood up for others, or not followed others when they were doing wrong. We can always ask God to help us to follow the right way.



You will need: an empty glass jar, paper, stickers, ribbon, glue.

Make a label with the words 'Courage Jar', and glue to the jar.

Decorate the jar with stickers and ribbon.

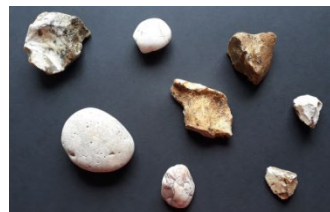
Every time you do something courageous, write on a piece of paper and add to the jar.



Painted stones

Pam collected stones to make a pendant and a paperweight.

The stones with the holes came from the beach and the other stones came from the garden.



To make a pendant you need:

a stone with a hole, acrylic paint or felt tipped pens, pot of water, ribbon or cord.

Wash the stone and dry.

Decorate both sides with paints or pens.

When dry thread the ribbon or cord through the hole.



To make a paperweight:

Take a large or medium size stone. Wash, dry and then decorate with paints or pens.

When dry, you could glue a piece of card or material to the bottom of the stone.



Rock cakes

You will need:

350 grams self-raising flour

175 grams margarine

175 grams white or brown sugar

2 tablespoons of milk

1 large egg

125 grams mixed fruit or currants

1 teaspoon mixed spice

Sift the flour into a bowl.



Add the sugar and mixed spice.

Mix them all together.

Add the butter or margarine



Add the mixed fruit or currants.

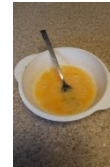


Mix the butter, currants and flour mixture together with your fingers.

Lightly beat the egg and add to the mixture.

Mix with a spoon.

If the mixture is too dry gradually add the milk.



Put spoonfuls of mixture onto a greased baking tray

Bake in an oven at 200 degrees centigrade for 20 mins.



When they are cooked, cool for a few minutes on the baking tray.

Then transfer the cakes to a cooling rack



Transfer your rock cakes onto a serving plate and enjoy!



David and Goliath Word Line Up



Unscramble each of the clue words. Take the letters that appear in the circled spaces and unscramble them for the final question.

GLINS



NOTES



ERBA



NOBRESZ



ONIL



TAING



TABLET



AJDUH



The Lord is my _ _ _ _ _ and my shield.

Wordsearch: God is with us

S D W M D P W M U B K H Z L C M Y M I T G C W V
U I G P X R J C R Y W A D W L N V I D V Y L Q R
V P E Q M J O Q S T A J J L I S X K V C O V J O
G I P J E U K L U H I U Z W G I G V C U Y T H F
C H N C J B W N W I P L C H U R C H G V E O O A
V S A E H P E M E B R E L S R E D E E M E D J F
T R M T T D R L S R L L Z T S N D X U A M G A U
G O Q X R O B C I O M L Y K H E G O R T O P J R
X W K E U E O Z A E J A R Y W J N W G R D T S Y
W Z S N S Q M U R E V H G M U S O I P T S G R B
M A B Z T J N X P Y B E N A V R K F P I I U Z D
Z I L B K V E X P P S G H G F F F S R P W K D I
L F E Q S H B S N D Q R T N D J M H N I A I T X
U U S J W V H Y U O N Y G I G O C R H I G H M N
Z K S E R T W H S S O W N F N X Y R Y N L S N A
M P E S I C J T J V R R E I I O Y W I V Z E D F
E P D A Z M H R W R Z M R C L T N T I E V O L O
C A F X Q C D O Z T S G T E A G Y A U S S O R C
A R A Z T V B W K Q M P S N E J P L H C H Y Q S
E E E G M S Y J I P M J J T H C H P E O T P I P
P L X H V W F O R G I V E N X O D R E H P E H S
E K J W T P Y L O S E I J V L Z D N F B Z B J G
G F X U U A F T F C S O O Y H U J J U V B I D J
U Z X T F G F B C P K W M E R C Y X B W R A B W

believe blessed Christ church cross dignity faith father forgiven
God grace hallelujah happiness healing holy Jesus joy Lord love
magnificent mercy peace praise redeemed shepherd strength trust
wisdom worship worthy