

## Storm on the Lake

Jesus was sitting on the hillside talking to the crowds of people who had come to see him. He said 'look at the flowers growing around you. Look how beautiful they are. Look at the birds who always find the food they need. God cares for them and God will care for you. So do not worry!'

Sometime later, Jesus said to his special friends 'let us get into a boat and go across the lake'. It was a perfect day and Jesus soon fell asleep in the boat. But a storm blew up, the sky turned black, the boat rocked in the waves and the disciples were very frightened. 'Jesus' they called 'help us'.

Jesus stood up 'be quiet, be still' and the storm stopped. Jesus asked his friends why they were frightened. You do not have to worry, just trust me' he said. Everything was calm again.

Sometimes we feel worried or frightened, but we can always talk to Jesus because he is with us all the time, through every day and every night.

**Listen to the full story, with Andrew and friends, on the Hemel Hempstead Methodist Church Facebook page, from 4pm on Sunday 12<sup>th</sup> July.**

**Crafts you can try at home:**

## Flower treasure hunt

Can you find flowers the same colours as the flowers in the pictures below:



## Prayer book

Jesus tells us not to worry. God cares for us and we can talk to him about anything. So I have made a prayer book to help me talk to God.

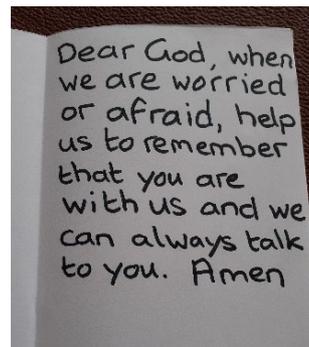
You need 2 sheets of white paper, some coloured paper and a glue stick.

Cut the white paper in half. Fold each piece in half again.

Put the sheets together to make a small book.

Cut out shapes and make a flower for the cover.

Now you can write prayers whenever you want to talk to God.



## Make a raft

You need a piece of card the size you want your raft to be. You can either paint your card with acrylic paint if you have any, or cover with Sellotape. This makes it waterproof.

Out of thin card or paper, cut strips the same length as your base and about 20 cms wide.

Cover one side with glue and roll into tubes. Glue the tubes across the base.

You could make a sail for your boat. Pam decorated her sail and added the words 'trust in Jesus' because we know Jesus is always there loving and caring for us like the time he was in the boat with his disciples during a terrible storm. They were so afraid, but Jesus calmed the storm and they knew they could always trust in him just as we can.

Now attach the sail and try floating the raft on water.



## Gingerbread flower biscuits

You will need:

100 grams butter or margarine

100 grams brown sugar

2 tablespoons golden syrup

225 grams plain flour

2 teaspoons ground ginger

Icing sugar or royal icing and sprinkles to decorate the biscuits with.

One large and one smaller cutter

Preheat the oven to 190C/375F or gas mark 5

Grease a baking tray

Cream together the butter and sugar

Mix in the golden syrup with a spoon.

Stir in the flour and ginger.

Sprinkle flour onto the work surface

Take the mixture out of the bowl and knead on the work surface.

When you think it is really well mixed and is nice and smooth, roll the mixture together into a ball.

Sprinkle the work surface with flour again.

Sprinkle flour onto a rolling pin and roll out the mixture to about 5mm thick.



Cut out the same number of large and small shapes.

Put these on greased baking trays.

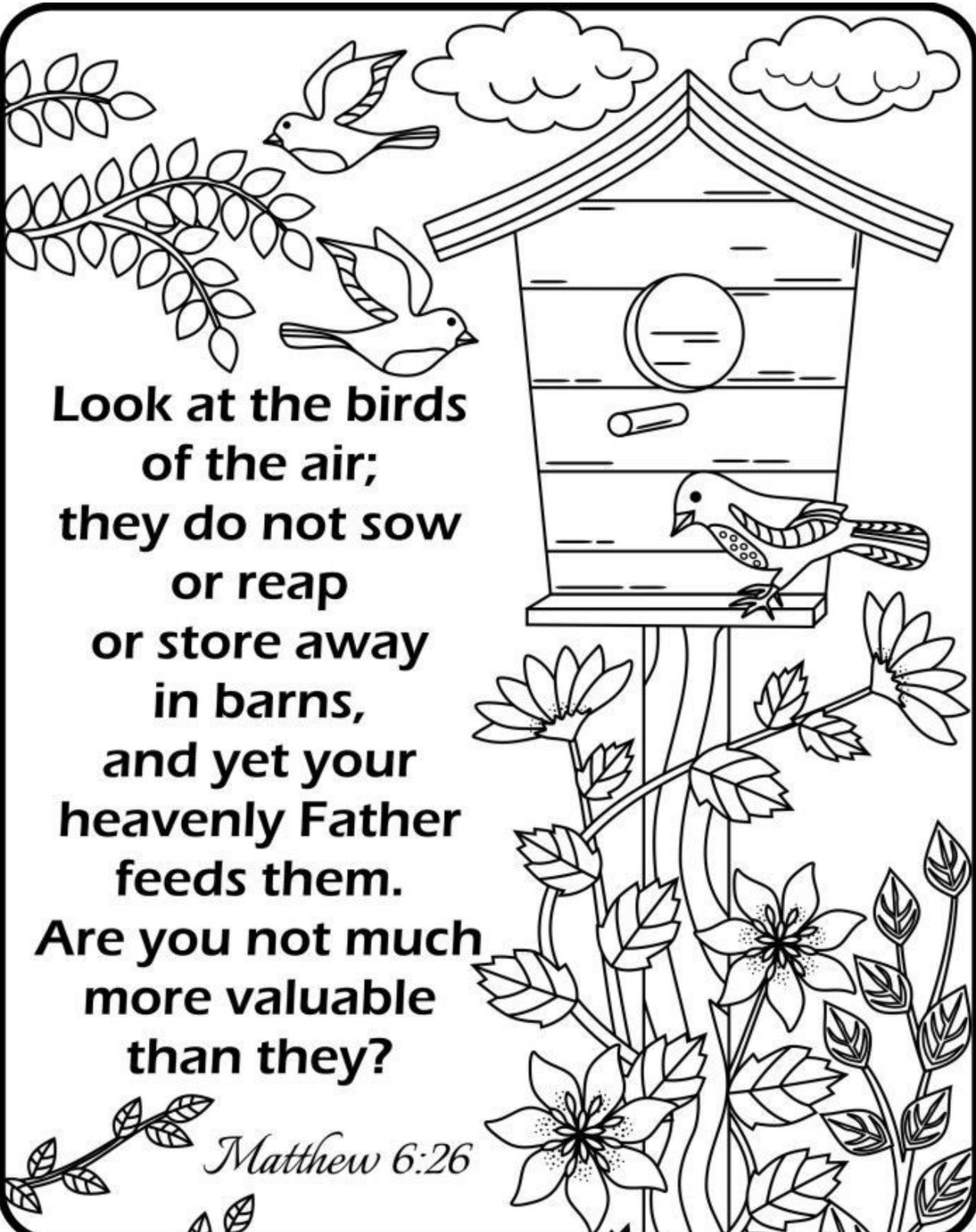
Put in the oven and bake for about 10 minutes.

When they are cooked take out of the oven and allow them to cool.

When they are cool add some icing to a large shaped biscuit and put a smaller biscuit on top.

Ice the smaller biscuit and add sprinkles, sweets or anything else you think will look nice.





**Look at the birds  
of the air;  
they do not sow  
or reap  
or store away  
in barns,  
and yet your  
heavenly Father  
feeds them.  
Are you not much  
more valuable  
than they?**

*Matthew 6:26*

## Jesus Calmed the Storm

### Hidden Message Word Search

Find the words on the list that are hidden in the puzzle. The words can be right to left, up and down, or diagonally. Then find the hidden message between the words, unscramble it and write it below.

I	R	I	L	I	Q	U	I	S	A	E	U	M	A	V
E	L	I	T	A	P	R	A	E	S	S	I	M	A	Q
U	A	S	L	E	E	P	O	B	E	Y	C	A	L	M
J	E	S	U	S	T	B	D	Q	U	I	S	A	S	T
B	O	A	T	T	H	E	I	W	I	N	D	S	T	A
H	E	N	D	R	E	A	S	I	N	A	H	E	O	D
P	S	A	S	A	N	D	C	F	A	I	T	H	R	U
G	A	I	A	A	A	L	I	T	A	N	I	M	M	Z
Z	R	I	I	R	E	A	P	E	W	A	T	C	A	I
L	I	Q	L	T	H	E	L	V	A	E	U	G	U	E
A	M	I	I	A	U	T	E	E	V	W	A	T	E	R
A	C	I	N	G	A	E	S	N	E	M	A	V	O	L
O	R	E	G	T	A	T	E	A	S	A	C	I	N	A
W	A	K	L	R	W	A	F	E	S	S	T	O	R	G
A	E	S	E	C	T	E	A	C	O	M	M	O	D	O

ASLEEP  
BOAT

CALM  
DISCIPLES

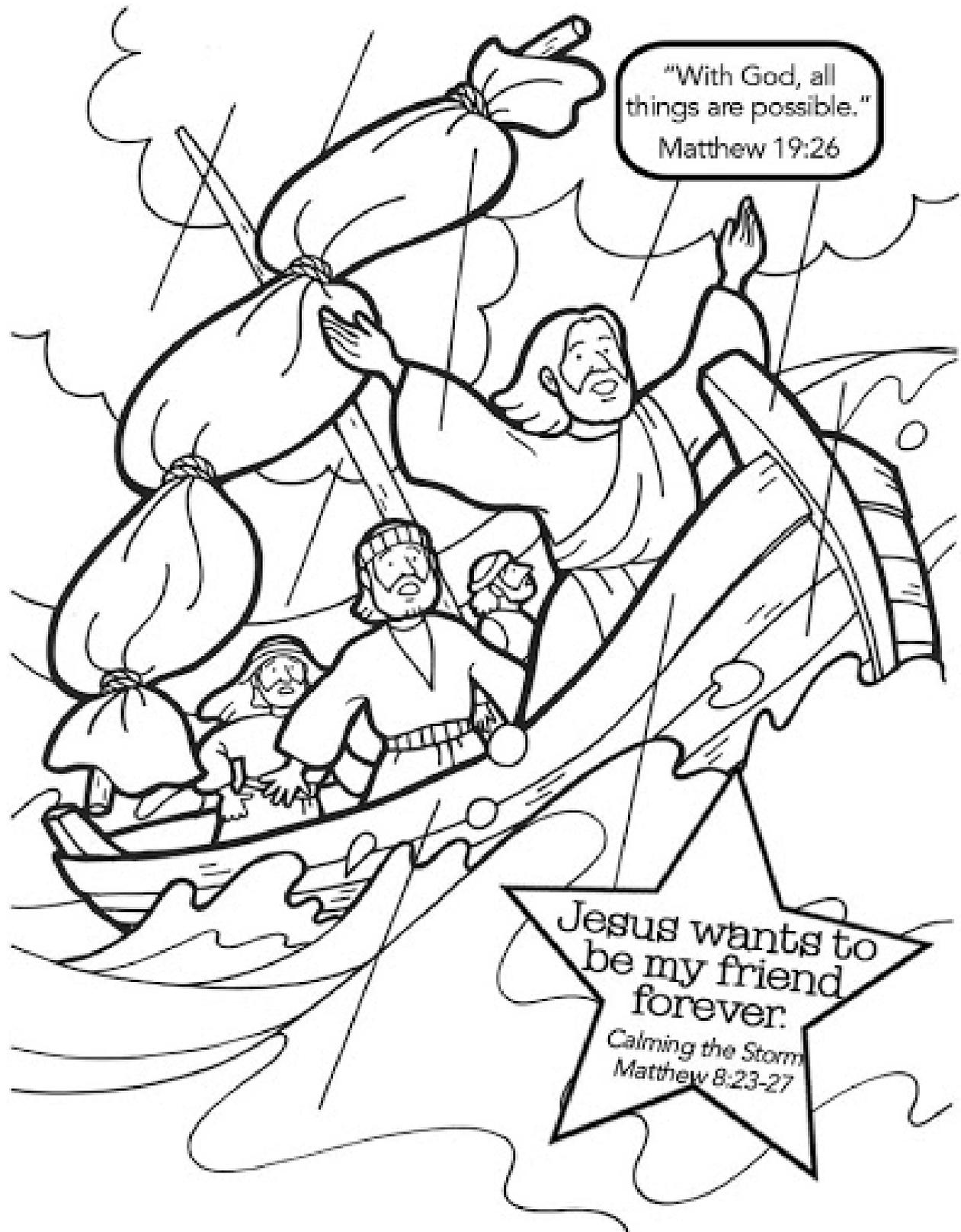
FAITH  
SAILING

STORM  
WATER

Write the hidden message here:

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"With God, all things are possible."  
Matthew 19:26

Jesus wants to  
be my friend  
forever.  
*Calming the Storm*  
Matthew 8:23-27